**Riding Content for Exams**

Level 1

* Mounting, holding the reins in the correct position
* Halting and aids for walk
* Understanding aids for steering
* Understanding basic points of the horse
* Understanding basic tack
* Know the aids for trot

Level 2

* Level 1
* Rising in the trot
* Understanding trot diagonals
* Understanding difference between sitting and rising trot
* Understanding aids for trot to halt, halt to trot
* Walking without stirrups

Level 3

* Level 2
* Riding walk and rising trot unaided including 20m circles
* Full understanding of the arena letters
* Understanding changes of rein
* Trotting without stirrups including a 20m circles
* Basic school etiquette (distance between horses, passing left to left)

Level 4

* Level 3
* Know the aids for canter
* Understanding of upward and downward transitions
* Understanding some intro movements in trot
	+ Serpentine
	+ Figure of 8
	+ 5m & 10m loops
* Ability to warm up as an individual rider independently
* Able to canter 40m
* Ability to adjust stirrups and girth.

Level 5

* Level 4
* Understanding the outside rein
* Cantering 20m circles
* Understanding the aids for walk to canter.
* Able to complete Prelim 7.

Level 6

* Level 5
* Understanding of basic horse’s way of going
* Understanding basic polework exercises.
* Understanding the concept of leg yielding in a circle and from ¾ line.
* Cantering without stirrups.
* A basic understanding of the jumping position and stages of jump, executed over ground poles.
* Jumping small cross poles

Level 7

* Level 6
* A full understanding of the stages of jumping
* A basic understanding of the scales of training
* A progressive understanding of a horse’s way of going
* Ability to jump 5 fences consecutively at 50cm
* Jump a small cross pole without stirrups

Level 8

* Level 7
* A progressive understanding of the scales of training
* A more in depth understanding of a horse’s way of going
* Ability to jump a course of fences at max height 80cm
* Ability to jump a combination of fences
	+ A double
	+ A triple
	+ A bounce
* A basic understanding of distances, lines and strides when jumping.

Level 9

* Level 8
* A more in depth understanding of the scales of training.
* Ability to jump a grid and understand distances.
* Some understanding of some Elementary movements
	+ Medium trot
	+ Collected walk
	+ Leg yeilding
	+ Shoulder in
	+ Counter canter

Level 10

* Level 9
* A thorough understanding of the scales of training
* Ability to jump a full course of fences at British Novice level.
* Ability to perform an elementary test.